

# 2 Week Repeating Summer School Menu

## BREAKFAST

Day 10	Day 1 & 11	Day 2 & 12	Day 3 & 13	Day 4 & 14
<b>Pancake on Stick</b> Fresh Fruit (Whole Piece) Milk	<b>Cereal</b> Cheese Stick (1 Stick) Chilled Fruit (1/2 Cup) Milk	<b>Waffles with Syrup</b> Fresh Fruit (Whole Piece) Milk	<b>Scrambled Eggs</b> Cinnamon Toast (1 Slice) Fruit Juice (4 Oz) Milk	<b>Biscuits and Gravy</b> Sausage Patty (1 Patty) Fresh Fruit (Whole Piece) Milk
Day 5 & 15	Day 6 & 16	Day 7 & 17	Day 8 & 18	Day 9 & 19
<b>Breakfast Pizza</b> Chilled Fruit (1/2 Cup) Milk	<b>Scrambled Eggs</b> Fruit Muffin Fresh Fruit (Whole Piece) Milk	<b>Breakfast Burrito</b> Sweet Potato Bites (1/4 Cup) Fruit Juice (4 Oz) Milk	<b>Cereal</b> Cinnamon Toast (1 Slice) Fresh Fruit (Whole Piece) Milk	<b>Biscuits and Gravy</b> Sausage Patty (1 Patty) Chilled Fruit (1/2 Cup) Milk

## LUNCH

Day 10	Day 1 & 11	Day 2 & 12	Day 3 & 13	Day 4 & 14
<b>Italian Sub on Deli Bun</b> Fresh Garden Salad (1/2 C) Cheesy Cauliflower Popcorn (1/4 C) Fresh Orange Slices (1/4 C) Milk	<b>Soft Taco</b> Fresh Garden Salad (1/2 C) Refried Beans (1/2 C) Applesauce (1/4 C) Milk	<b>Chicken Patty on Bun</b> Cherry Tomatoes (1/4 C) Corn (1/4 C) Pears (1/4 C) Milk	<b>Hot Dog on a Bun</b> French Fries (1/2 C) Fresh Garden Salad (1/2 C) Grapes (1/4 C) Milk	<b>Tony's Pizza</b> Fresh Garden Salad (1/2 C) Baby Carrots w. Dip (1/4 C) Strawberry Banana Mix (1/4 C) Milk
Day 5 & 15	Day 6 & 16	Day 7 & 17	Day 8 & 18	Day 9 & 19
<b>Chicken Strips</b> Fresh Broccoli w/Dip (1/4 C) Fresh Garden Salad (1/2 C) Watermelon (1/4 Cup) Milk	<b>Super Nachos</b> Southwest Beans (1/2 C) Fresh Garden Salad (1/2 Cup) Pineapple (1/4 C) Milk	<b>Chicken Patty on Bun</b> Glazed Carrots (1/4 Cup) Green Beans (1/4 Cup) Banana (1/2 Fruit) Milk	<b>Cheeseburger</b> French Fries (1/2 C) Fresh Garden Salad (1/2 C) Tropical Fruit Mix (1/4 C) Milk	<b>Opaa! Cheese Pizza</b> Fresh Garden Salad (1/2 C) Roasted Vegetables (1/4 C) Fresh Melon (1/4 C) Milk

Please note that substitutions may be made as necessary.